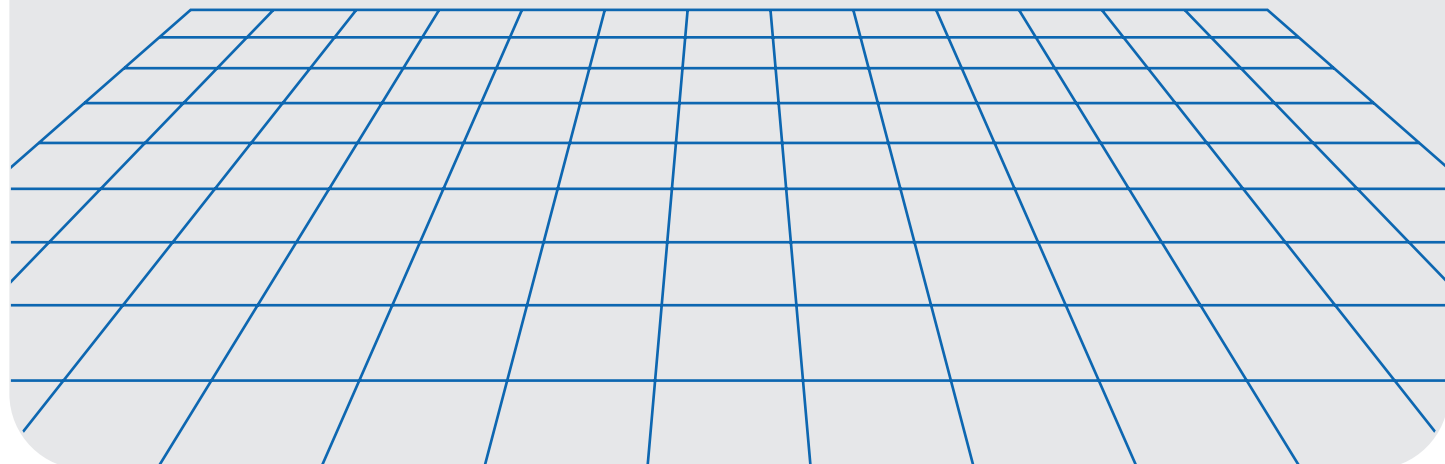


# New Working New Living

**Website:** [www.flexispot.com](http://www.flexispot.com)

**Tel:** 1-855-585-5618

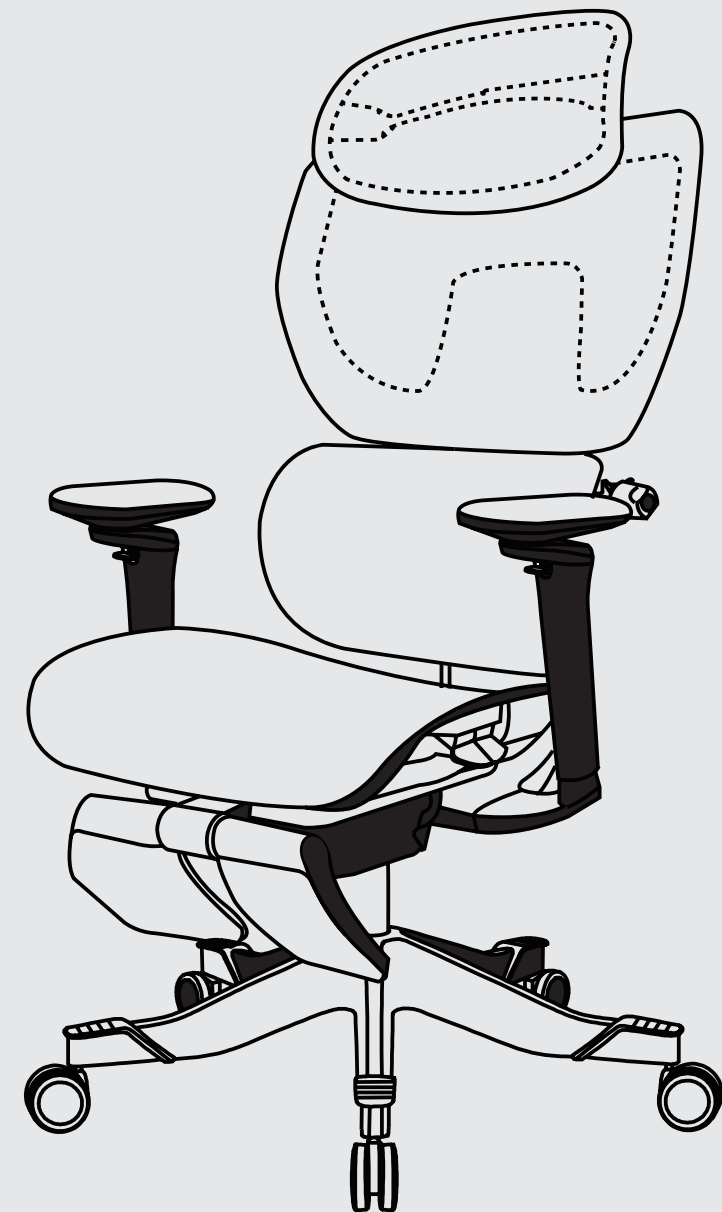
**Address:** 6475 Las Positas Rd. Livermore, CA 94551



# FlexiSpot

## User Manual

Item No. C7MOB-M2



INSTRUCTIONS –  
KEEP FOR FUTURE REFERENCE



## Parts List

Parts List: Please refer to the parts listed below. If any parts are missing or damaged, please contact customer service.

|                                                                                                 |                                                                                                          |                                                                                                 |                                                                                                 |                                                                                                                       |
|-------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|
| <b>A*5</b><br> | <b>B*1</b><br>          | <b>C*1</b><br> | <b>D*1</b><br> | <b>I*3(M8*25/M8/M8*22*2)</b><br>   |
|                                                                                                 |                                                                                                          |                                                                                                 |                                                                                                 | <b>J*6(M6*20/M6/M6*15*1.5)</b><br> |
| <b>E*1</b><br> | <b>F*1(R&amp;L)</b><br> | <b>G*1</b><br> | <b>H*1</b><br> | <b>K*1</b><br>                     |
|                                                                                                 |                                                                                                          |                                                                                                 |                                                                                                 | <b>L*2</b><br>                     |



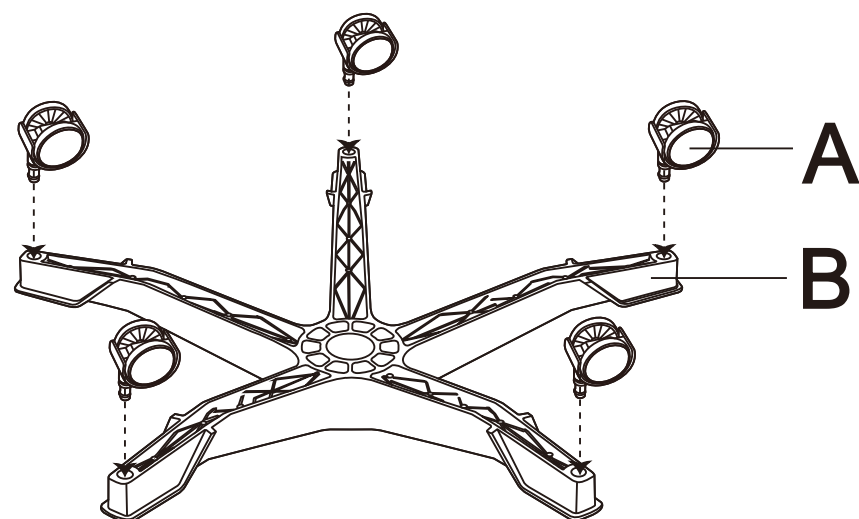
## Adjustment Instructions

Before You Start: Loosely tighten all screws first. Once all screws are properly positioned, fully tighten them to secure the assembly.

1

## Install the Wheels

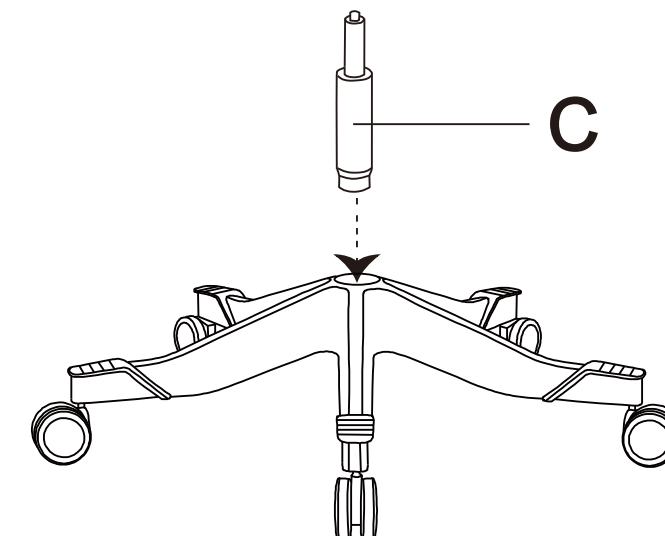
Insert the wheels (A) into the base (B).  
Note: Ensure each wheel is securely pushed into the leg base.



2

## Insert the Gas Lift

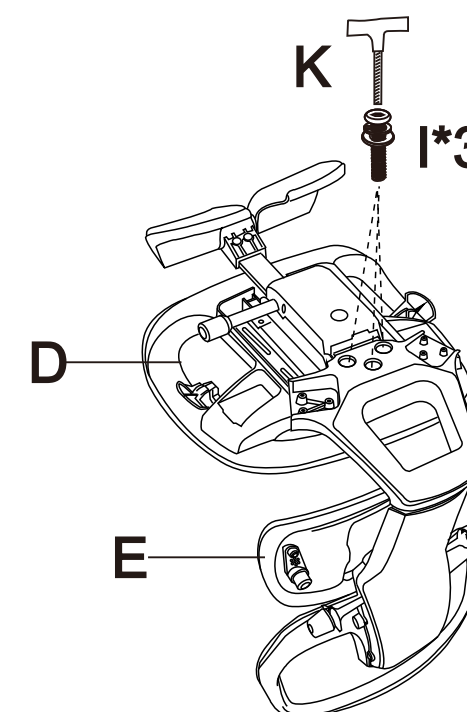
Place the gas lift (C) into the center of the base.



3

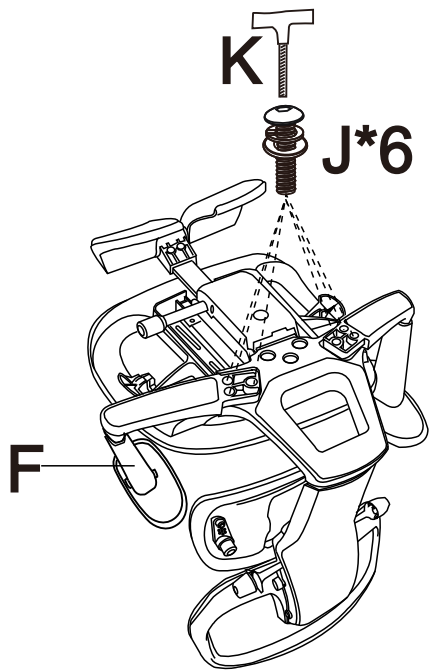
## Assembling the Backrest and Seat

Pull the footrest forward. Using the T-shaped hex wrench (K), loosely attach the backrest (E) to the seat base (D) with the three backrest fixing screws (I). Once aligned, securely tighten all screws.



## 4 Assembling the Seat and Armrests

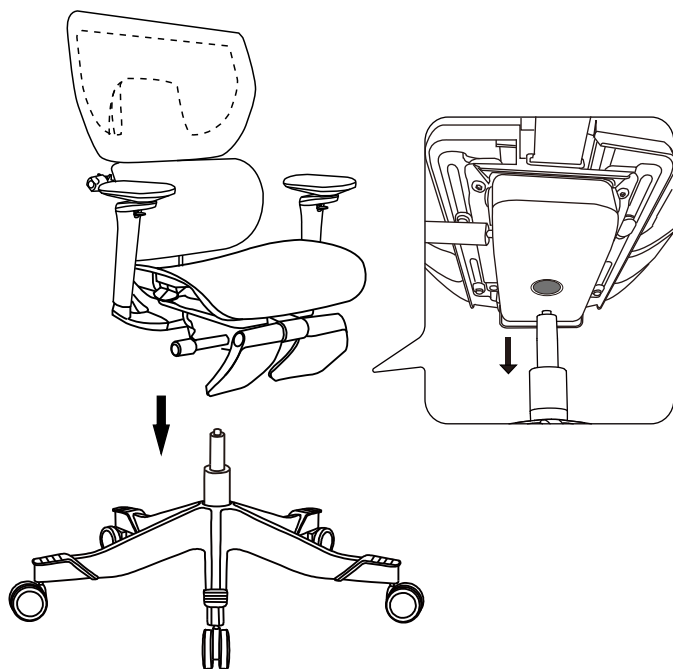
Using the T-shaped hex wrench (K), loosely attach the armrests (F) to the seat base (D) with six armrest screws (J), three on each side. After aligning properly, fully tighten all screws. Then, close the footrest.



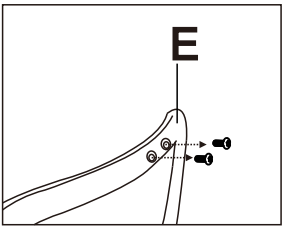
## 5 Insert the Gas Lift into the Seat

Align the tip of the gas lift (C) with the hole on the underside of the seat (D), then press firmly from above to insert it securely.

Note: To ensure the gas lift is fully fixed, press down with your body weight on the seat.



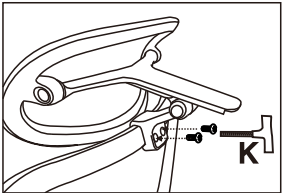
## 6 Headrest Installation



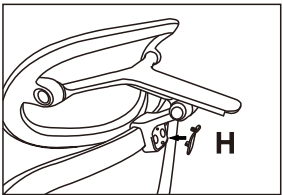
**6-1**  
Before installation, remove the two screws for the headrest located at the top of the backrest (E).



**6-2**  
Align the mounting holes of the headrest (G) with the holes on the backrest.

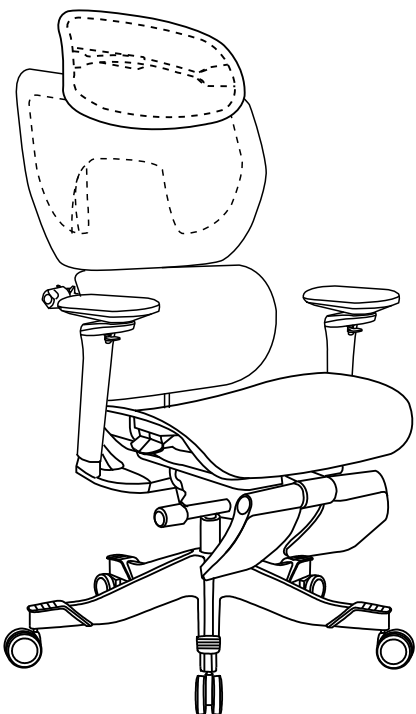


**6-3**  
Using the T-shaped hex wrench (K) and the screws, securely attach the headrest (G).  
Note: To prevent the headrest from wobbling, make sure the screws are tightened firmly.



**6-4**  
Attach the cover (H) onto the headrest.

## 7 Assembly Complete

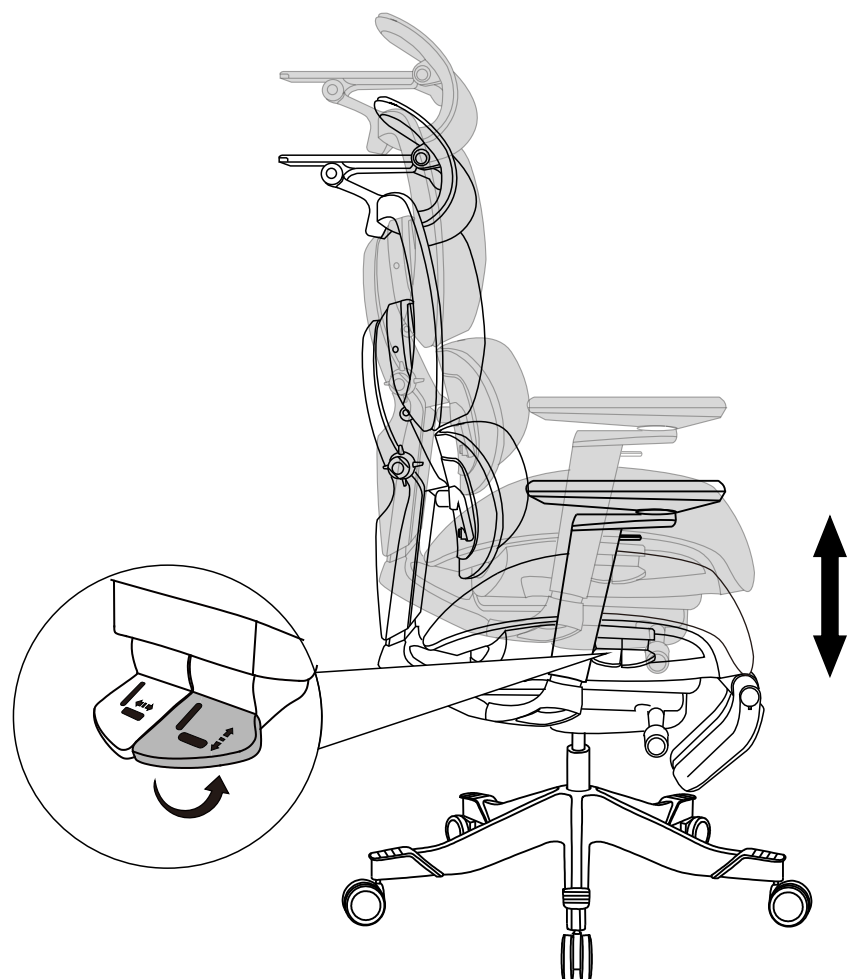




## Instructions for Usage

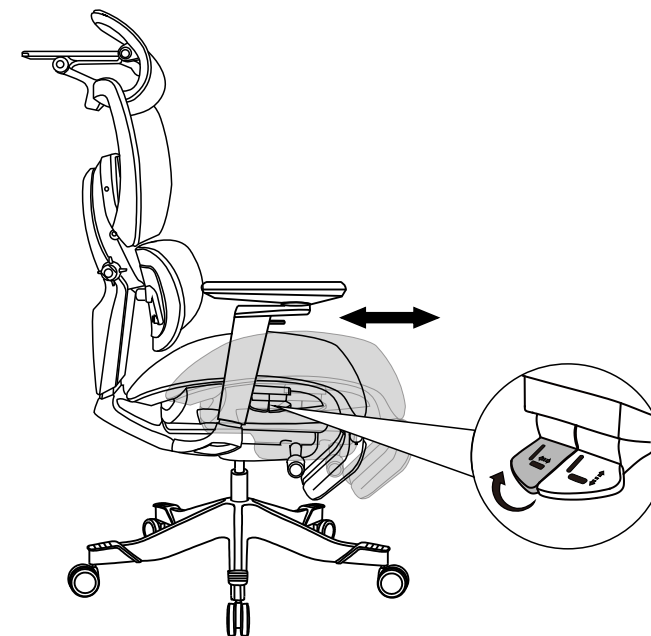
### Seat Height Adjustments

Lift the front paddle to adjust the chair height



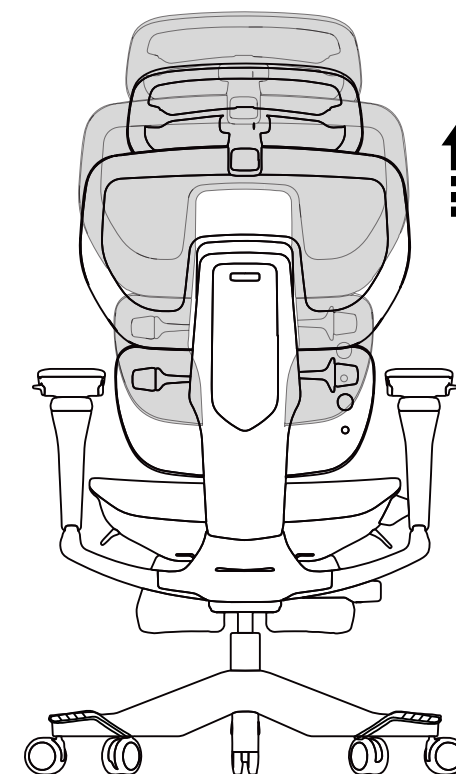
### Seat Depth Adjustments

Lift the rear paddle to slide the seat forward or backward, then release to lock in place.



### Backrest Height Adjustments

The backrest height is adjustable in 5 levels.  
To adjust, hold both sides of the lumbar support (lower back area) and lift it upward.  
Lifting slightly above the 5th level will reset it back to the lowest position.

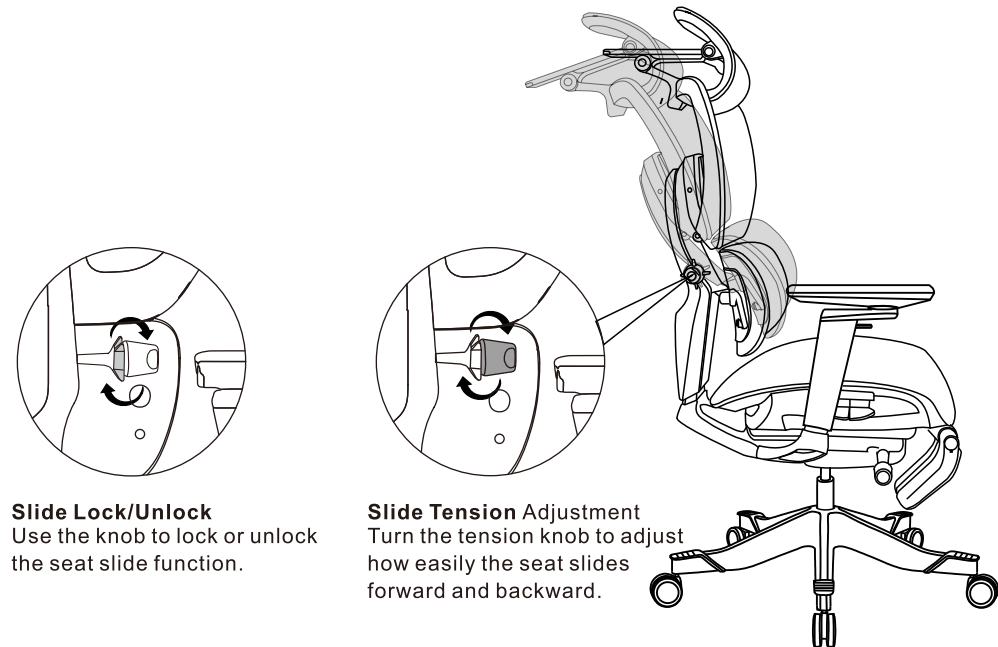


## Backrest Slide Function

Use the knob located at the rear-right side of the backrest to control the sliding feature. When combined with reclining, it allows up to 160° of movement.

- Turn the knob forward: Unlocks the slide, allowing the backrest to move.
- Turn the knob backward and lift the backrest: Locks it in place.

Adjust slide resistance by rotating the front grip of the knob forward or backward.



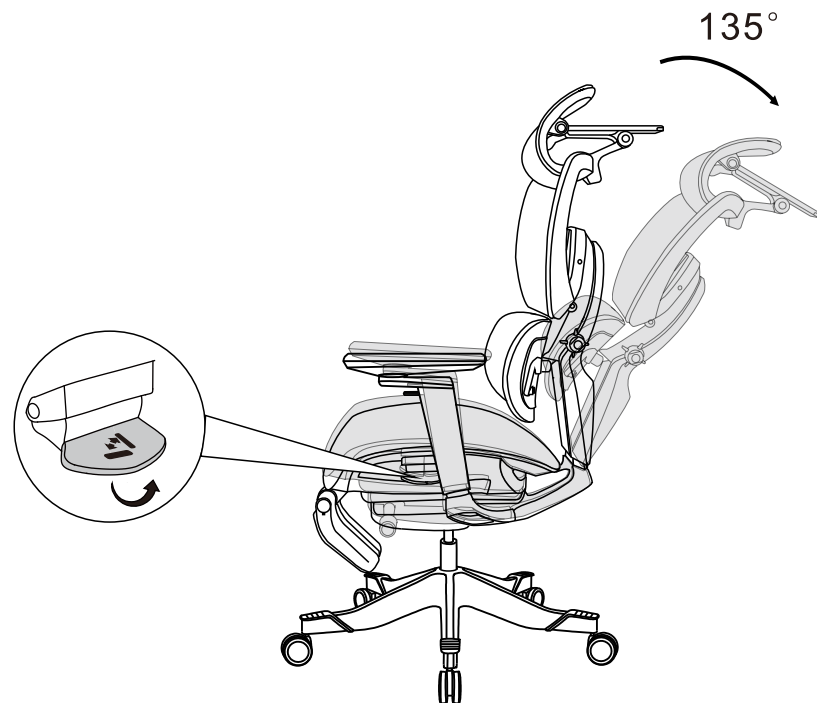
## Reclining Function

The backrest reclines up to 135°.

Use the lever on the left side of the seat to adjust.

- Push the lever down: Unlocks the recline, allowing the backrest to move freely.
- Pull the lever up: Locks the backrest in place.

Note: To unlock from a fixed recline, apply backward pressure to the backrest.



## Recline Tension Adjustment

The backrest tension can be adjusted in 4 levels.

Use the grip under the right side of the seat to adjust resistance.

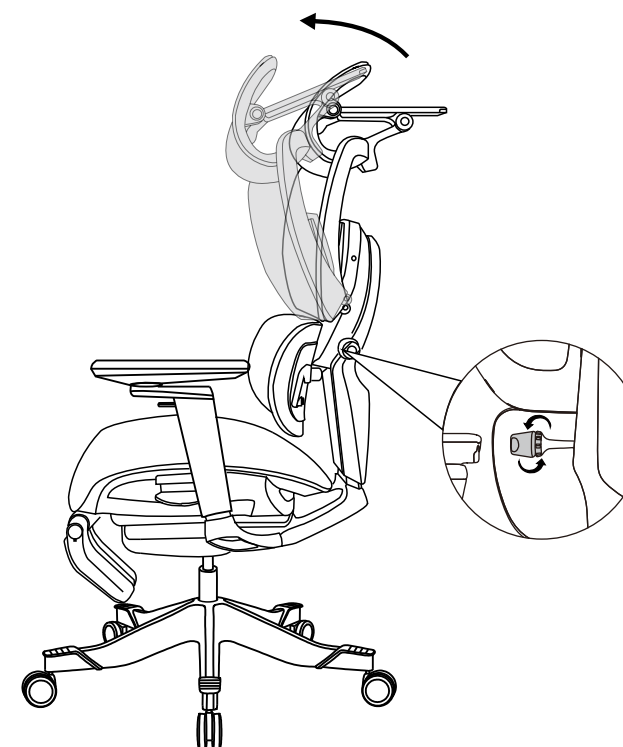
- Turn clockwise: Increases tension.
- Turn counterclockwise: Decreases tension.

Note: Adjust while the chair is in free-lock mode and without leaning on the backrest.



## Forward Tilt Adjustment

Rotate the knob on the rear-left side of the backrest to tilt the upper backrest angle forward or backward for better posture alignment.



## Independent Air Lumbar Support

The chair features a segmented lumbar support system with infinite adjustment and built-in airbags.

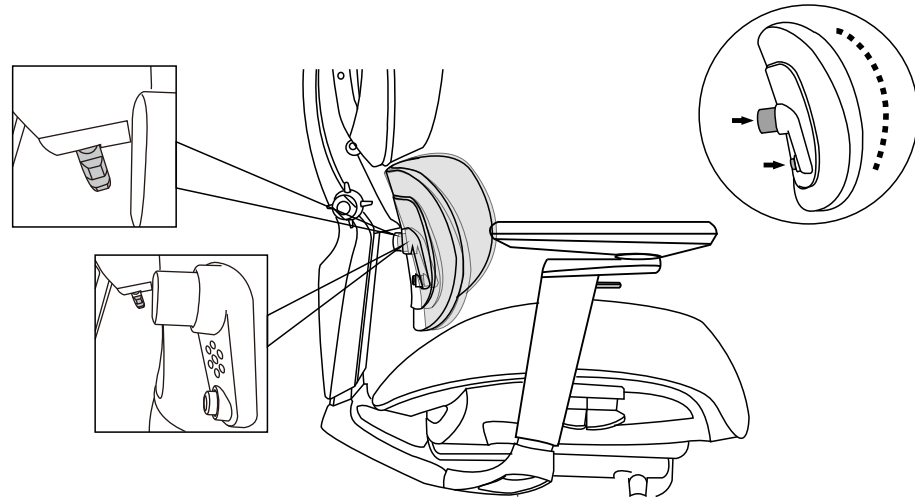
-Position Adjustment: Use the slide gear on the backrest to fine-tune the lumbar position for optimal spinal alignment.

-Airbag Control:

Inflate Button (Upper Right): Press to inflate the airbag for firmer support and better fit.

Deflate Button (Lower Right): Press to release air and reduce support pressure.

The independent lumbar structure follows the natural curve of your spine and supports a healthy sitting posture. The combination of precise position adjustment and air pressure control ensures all-day ergonomic comfort.

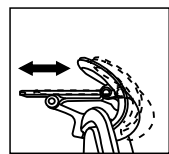


## 3D Headrest Adjustment

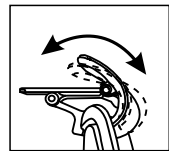
The headrest can be adjusted in height, depth (forward/backward), and tilt angle to suit your needs. Hold both sides of the headrest with your hands and move it to the desired position.

You can adjust it while seated.

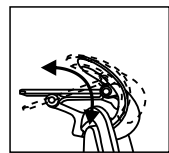
We recommend starting with the height adjustment for best comfort.



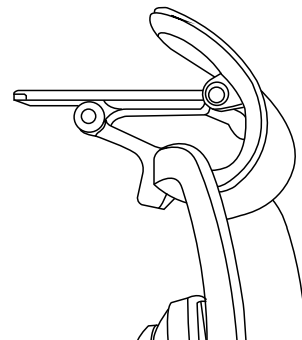
1. Hold both sides of the headrest and pull it forward step by step.
2. Once fully extended, it will automatically unlock. Push it back to return to its original position.



Adjust the headrest angle by holding and tilting the headrest surface.



Adjust the headrest tilt by holding the headrest support frame.



## 5D Armrest Adjustment

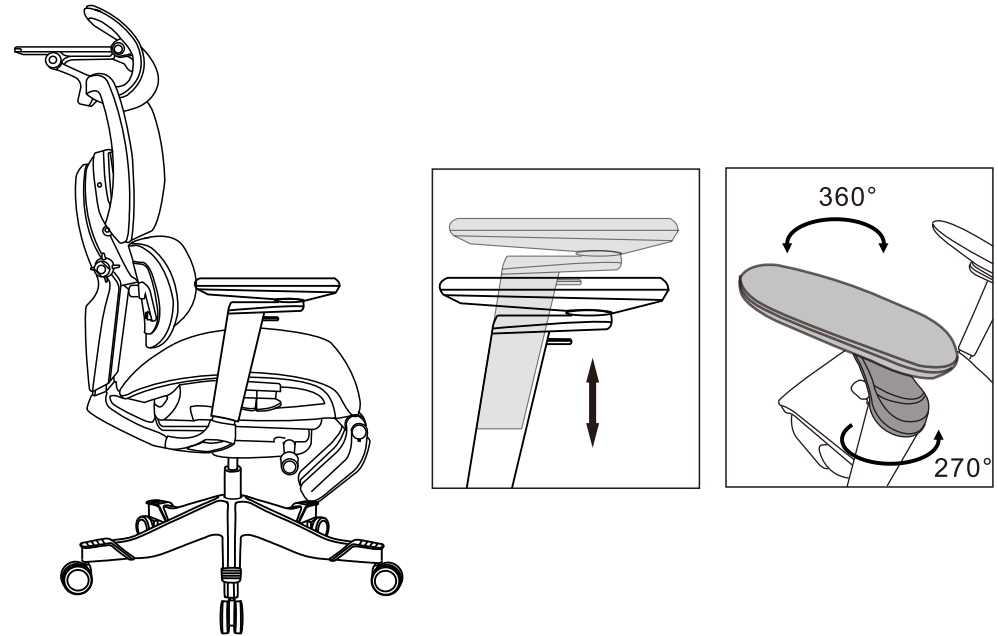
The armrests can be adjusted in multiple directions:

-Up and down

-Outward (up to 360° horizontally). Inward (up to 270° horizontally)

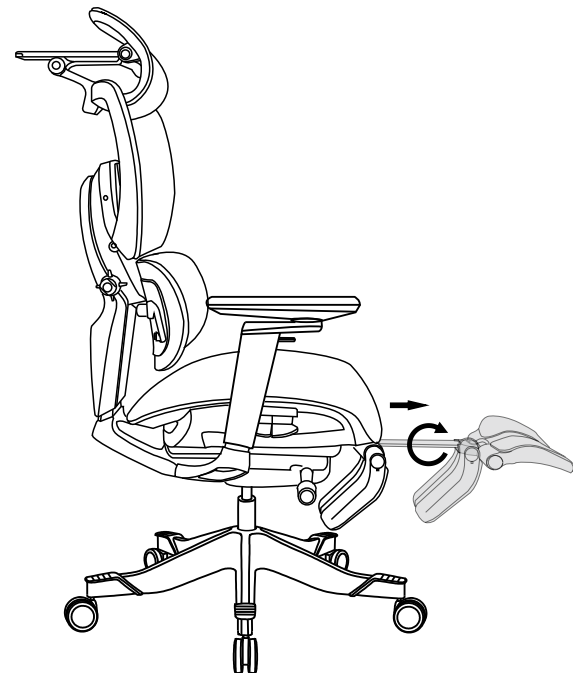
Press the button under the armrest to adjust height.

Slide adjustments can be made freely without pressing the button.



## Footrest Adjustments

Pull out the folded footrest and rotate it 180° to use. Easily stows away when not in use.



## Limited Warranty

### Safety Instructions

1. Do not use on slippery surfaces. Ensure the product is used on a stable, non-slip surface.
2. Avoid placing drinks on the product. Spills can cause discoloration or damage to the surface material. Wipe up any moisture immediately to prevent staining.
3. Do not sit on the product with more than one person at a time. This can lead to instability and potential injury.
4. Regularly check for any loose parts or damage before use. Do not use if any parts are missing or if the product is in poor condition.
5. Be cautious of moving parts. Keep hands and feet away from moving mechanisms to prevent injury.
6. Do not stand on the seat or armrests. This can cause the product to tip over and result in injury.
7. Read the instruction manual thoroughly. Understand the content and usage methods before operating the product.
8. If any issues arise during use, stop using the product immediately. Contact the retailer where you purchased the product for assistance.

### Care Instructions for Long-Term Non-Use

1. Avoid placing the product in direct sunlight or in areas with high humidity or extreme dryness. These conditions can cause the product to warp or crack.
2. Regularly inspect the product for any signs of wear or damage. Address any issues promptly to maintain the product's longevity.

### Remedies

1. FlexiSpot will replace at no charge any defective parts, or at its option, any product or part that is defective due to improper workmanship and/or materials under normal conditions of use.
2. If a replacement is not feasible or cannot be completed promptly, FlexiSpot may refund the purchase price upon return of the product.
3. For defective products, FlexiSpot will provide a replacement shipped at no cost within the continental United States via FedEx Ground. Expedited shipping is available at the customer's expense. International shipping costs are the customer's responsibility.

### What is Not Covered

1. Issues not resulting from material or workmanship defects.
2. Damage from normal wear and tear, improper installation, maintenance, misuse, abuse, negligence, accidents, or alterations.
3. Accessories, connected materials, and products not manufactured by FlexiSpot.
4. Damage from failure to follow instructions and guidelines for the product's intended use.
5. The warranty is void if the product is returned with removed, damaged, or tampered labels, or if there are any alterations.

## Limited Warranty

### How to File a Claim

1. To benefit from the limited warranty, claims must comply with the warranty terms and follow the proper return procedure.
2. Contact customer service via email at [contact@FlexiSpot.com](mailto:contact@FlexiSpot.com) or toll-free at 1-855-585-5618, providing proof of purchase.

### Implied Warranties and Limitation of Damages

Except where prohibited by law, all implied warranties are limited to the duration of this warranty. FlexiSpot is not liable for incidental, indirect, special, or consequential damages, even if advised of the possibility.

### Governing Law

This warranty is governed by the laws of California, USA, without regard to conflict of laws principles.

### How State Law Applies

This warranty provides specific legal rights, and you may have additional rights that vary by state.